



Paradise Honors Elementary School LUNCH MENU K-5 Sept. 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LUCKY TRAY DAY! Once a week 2 lucky students from each lunch period will have a lucky stamp or sticker on their lunch tray entitling them to choose a prize from our student prize basket!</p>				<p>1</p> <p><u>Meat & Grain</u> Bean & Cheese Burrito</p> <p>Grilled Cheese & Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p>
<p>One of 3 components selected must be a fruit or vegetable.</p>		<p>Nutritional information available at food service office</p> <p>Menu change subject to change without notice</p>		<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>
<p>4</p> <p><u>Meat & Grain</u> Chili Frito Pie & Roll</p> <p>Whole Grain Chicken Nuggets w/ Dinner Roll</p> <p>Italian Sub</p>	<p>5</p> <p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Salad</p>	<p>6</p> <p><u>Meat & Grain</u> Breakfast for Lunch (Pancakes & Sausage)</p> <p>Cheeseburger</p> <p>Buffalo Chicken Salad</p>	<p>7</p> <p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>BBQ pulled Turkey Sandwich</p> <p>Turkey & Cheese Sandwich LUCKY TRAY DAY!</p>	<p>8</p> <p><u>Meat & Grain</u> Orange Chicken w/Rice</p> <p>Hot Diggity Dog!</p> <p>Yogurt, string cheese, crackers</p>
<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>
<p>11</p> <p><u>Meat & Grain</u> Cheese or Sausage Pizza</p> <p>Grilled Cheese & Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p>	<p>12</p> <p><u>Meat & Grain</u> Spaghetti w/Meatballs</p> <p>Whole Grain Chicken Nuggets</p> <p>Buffalo Chicken Wrap LUCKY TRAY DAY!</p>	<p>13</p> <p><u>Meat & Grain</u> Chicken Patty Sandwich</p> <p>Nachos Supreme</p> <p>Chicken Caesar Salad</p>	<p>14</p> <p><u>Meat & Grain</u> Chicken & Waffles</p> <p>Cheeseburger</p> <p>Chef Salad w/ Roll</p>	<p>15</p> <p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Bean & Cheese Burrito</p> <p>Yogurt String Cheese & Crackers</p>
<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>
<p>18</p> <p><u>Meat & Grain</u> Cheese Enchiladas</p> <p>Hot Dog</p> <p>Turkey Club Sub</p>	<p>19</p> <p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Sun Butter and Jelly Sandwich</p>	<p>20</p> <p><u>Meat & Grain</u> Mac & Cheese</p> <p>Meatball Sub</p> <p>Crispy Chicken Salad</p>	<p>21</p> <p><u>Meat & Grain</u> Breakfast for Lunch (Sausage & Pancakes)</p> <p>Cheese Quesadilla</p> <p>American Sub Sandwich LUCKY TRAY DAY!</p>	<p>22</p> <p><u>Meat & Grain</u> Cheeseburger</p> <p>Italian Sub Sandwich</p> <p>Pepperoni or Cheese Pizza</p>
<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% white milk or Fat Free Chocolate Milk</p>
<p>25</p> <p><u>Meat & Grain</u> Cheeseburger</p> <p>Chicken Nuggets</p> <p>Yogurt, string cheese & Crackers</p>	<p>26</p> <p><u>Meat & Grain</u> Chicken Patty Sandwich</p> <p>Crispy Chicken Wrap</p> <p>Baked Ziti</p>	<p>27</p> <p><u>Meat & Grain</u> Chef Salad</p> <p>Corn Dog</p> <p>Pepperoni or Cheese Pizza</p>	<p>28</p> <p><u>Meat & Grain</u> Nachos Supreme</p> <p>Ham & Cheese Sandwich</p> <p>BBQ Rib Sandwich</p>	<p>29</p> <p><u>Meat & Grain</u> Grilled Cheese & Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p> <p>Chicken Tenders LUCKY TRAY DAY!</p>
<p><u>Daily Fruit & Vegetable</u></p> <p>1% White or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% White or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% White or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% White or Fat Free Chocolate Milk</p>	<p><u>Daily Fruit & Vegetable</u></p> <p>1% White or Fat Free Chocolate Milk</p>

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